**Corrección de la TA según la circunferencia del**

**brazo y anchura del manguito**

|  |  |
| --- | --- |
| **Circunferencia del brazo** | **Anchura del manguito** |
| **12 cms** | **15 cms** | **18 cms** |
| **TAS** | **TAD** | **TAS** | **TAD** | **TAS** | **TAD** |
| 26 cms  | +5 | +3 | +7 | +5 | +9 | +5 |
| 28 cms  | +3 | +2 | +5 | +4 | +8 | +5 |
| 30 cms | 0 | 0 | +4 | +3 | +7 | +4 |
| 32 cms | −2 | −1 | +3 | +2 | +6 | +4 |
| 34 cms | −4 | −3 | +2 | +1 | +5 | +3 |
| 36 cms | −6 | −4 | 0 | +1 | +5 | +3 |
| 38 cms | −8 | −6 | −1 | 0 | +4 | +2 |
| 40 cms | −10 | −7 | −2 | −1 | +3 | +1 |
| 42 cms | −12 | −9 | −4 | −2 | +2 | +1 |
| 44 cms | −14 | −10 | −5 | −3 | +1 | 0 |
| 46 cms | −16 | −11 | −6 | −3 | 0 | 0 |
| 48 cms | −18 | −13 | −7 | −4 | −1 | −1 |
| 50 cms | −21 | −14 | −9 | −5 | −1 | −1 |

|  |  |
| --- | --- |
|  | **Anchura del manguito** |
| **12 cms** | **15 cms** | **18 cms** |
| Circunferencia ideal del brazo  | 30 cms | 37,5 cms | 45 cms  |
| Limites de la circunferencia del brazo  | 26 a 33 cms | 33 a 41 cms  | > de 41 cms  |

Control de la hipertensión arterial en España, 1996 (Ministerio de Sanidad y Consumo - SEL-LEHLA). Rev Esp Salud Pública 1996. Vol 70. Nº 2.

https://www.sanidad.gob.es/biblioPublic/publicaciones/recursos\_propios/resp/revista\_cdrom/VOL70/70\_2\_139.pdf